

- graceful awakenings -  
at  
eight winds wellness center & spa  
580 lafayette road  
hampton nh 03843

gi'indoccio 603-860-8645

- a healing arts sanctuary -  
[www.gracefulawakenings.com](http://www.gracefulawakenings.com)

life coaching -	
1 month / 3 sessions...	\$180
2 months / 6 sessions...	\$360
-advanced payment...	\$340
3 months / 9 sessions...	\$540
-advanced payment...	\$500
reiki session...	\$60
guided imagery...	\$60
hypnotherapy...	\$60
breathwork...	\$60
ear coning with reiki and guided imagery...	\$50

all fees are for one hour sessions

classes & workshops are offered  
on reiki, meditation & breathwork  
please call 603-929-2999 or visit  
[www.eightwindswellness.com](http://www.eightwindswellness.com)